

Vegetables Protein	Dairy	Grains	Fruits	1
		Protein	Vegetables	
Choose <b>MyPlate</b> .				

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST		BEEF SAUSAGE & CHEESE SANDWICH ASSORTED FRUIT, 100% JUICE, MILK	CINNAMON TOAST CRUNCH BAR ASSORTED FRUIT, 100% JUICE, MILK	HOMEMADE ZUCCHINI MUFFIN ASSORTED FRUIT, 100% JUICE, MILK	FRENCH TOAST STICKS ASSORTED FRUIT, 100% JUICE, MILK
LUNCH		BREADED RAVIOLI WITH MARINARA CHEF SALAD PIZZA COMBO PACK	WHOLE GRAIN CHICKEN SANDWICH CHEESE PIZZA SLIDERS CHEF SALAD PIZZA COMBO PACK	SPAGHETTI & MEATBALLS ITALIAN COMBO SANDWICH CHEF SALAD PIZZA COMBO PACK	DELI TURKEY AND CHEESE SANDWICH CHEF SALAD PIZZA COMBO PACK
		CARROT COINS, CELERY STICKS, MIXED FRUIT, STRAWBERRIES FRESH FRUITS & VEGETABLES, MILK	SHREDDED LETTUCE, SEASONED CURLY FRIES, APPLE, MIXED FRUIT FRESH FRUITS & VEGETABLES, MILK	GARLIC TOAST, BROCCOLI FLORETS BANANA, DICED PEACHES FRESH FRUITS & VEGETABLES, MILK	BABY CARROTS, CELERY STICKS SOUR CHERRY FRUIT FREEZE, FRESH FRUITS & VEGETABLES, MILK
		DAY 2	DAY 3	DAY 4	DAY 5
BREAKFAST		*	MINI CINNIS ASSORTED FRUIT, 100% JUICE, MILK	HOMEMADE PUMPKIN MUFFIN ASSORTED FRUIT, 100% JUICE, MILK	YOGURT & GRANOLA ASSORTED FRUIT, 100% JUICE, MILK
LUNCH			LUNCH ENTRÉE OPTIONS (CHOOSE ONE): FRENCH BREAD CHEESE PIZZA SOFT PRETZEL & QUESO BLANCO SOUTHWEST CHICKEN SALAD YOGURT COMBO PACK LUNCH SIDE OPTIONS: GARDEN SALAD, APPLE, DICED PEACHES, DESILINGCTAPLES AND E	TURKEY GRAVY & POTATOES TURKEY & CHEESE DELI SANDWICH SOUTHWEST CHICKEN SALAD YOGURT COMBO PACK  FRESH BAKED WHOLE GRAIN ROLL,	BAKED CHIPS WITH GOLDEN QUESO SOUTHWEST CHICKEN SALAD YOGURT COMBO PACK  REFRIED BEANS, SHREDDED LETTUCE
	ONL		FRESH VEGETABLES, MILK	CORN, BANANA, APPLE SLICES, FRESH VEGETABLES, MILK	SALSA, SIDEKICK, FRESH FRUIT, FRESH VEGETABLES, MILK
	14	15	DAY 6	DAY 1 17	DAY 2
BREAKFAST	WHOLE GRAIN CEREAL ASSORTED FRUIT, 100% JUICE, MILK	BEEF SAUSAGE AND CHEESE BAGEL ASSORTED FRUIT, 100% JUICE, MILK	STRAWBERRY PANCAKE BOWL ASSORTED FRUIT, 100% JUICE, MILK	HOMEMADE BLUEBERRY MUFFIN ASSORTED FRUIT, 100% JUICE, MILK	BREAKFAST EGG AND CHEESE TAC-GO ASSORTED FRUIT, 100% JUICE, MILK
LUNCH	LUNCH ENTRÉE OPTIONS (CHOOSE ONE): HOMEMADE CHEESE QUESADILLA MINI CHICKEN TACOS ASIAN CHICKEN SALAD TURKEY & CHEESE COMBO PACK LUNCH SIDE OPTIONS:		NACHO PRETZEL POCKET FRUIT AND YOGURT PARFAIT ASIAN CHICKEN SALAD TURKEY & CHEESE COMBO PACK	DELI TURKEY AND CHEESE SANDWICH ASIAN CHICKEN SALAD TURKEY & CHEESE COMBO PACK	ITALIAN COMBO SANDWICH ASIAN CHICKEN SALAD TURKEY & CHEESE COMBO PACK
	BLACK BEANS, HOMEMADE SALSA FRESH PEAR, APPLESAUCE, FRESH VEGETABLES, MILK	BROCCOLI, STRAWBERRIES MIXED FRUIT, FRESH VEGETABLES, MILK	CELERY STICKS, DICED PEARS, APPLE, FRESH VEGETABLES, DICK AND JANE SNACK CRACKERS, MILK	CELERY STICKS, BANANA, DICED PEACHES, FRESH VEGETABLES, MILK	FRESH BROCCOLI, CARROT STICKS, FRESH PEAR, FRESH VEGETABLES, MILK
	DAY 3 21	DAY 4 22	DAY 5	DAY 6	DAY 1 25
BREAKFAST	WHOLE GRAIN CEREAL ASSORTED FRUIT, 100% JUICE, MILK	EGG AND CHEESE ON ENGLISH MUFFIN ASSORTED FRUIT, 100% JUICE, MILK	STRAWBERRY CRISP BAR ASSORTED FRUIT, 100% JUICE, MILK	HOMEMADE BANANA MUFFIN ASSORTED FRUIT, 100% JUICE, MILK	TURKEY SAUSAGE BREAKFAST PIZZA ASSORTED FRUIT, 100% JUICE, MILK
LUNCH	LUNCH ENTRÉE OPTIONS (CHOOSE ONE): BEAN AND CHEESE BURRITO CHICKEN AND CHEESE TAQUITOS CHICKEN CASCAR SALAD HUMMUS COMBO PACK LUNCH SIDE OPTIONS: SALSA, FRESH BROCCOLI, APPLESAUCE, FRESH PEAR, FRESH VEGETABLES, MILK	BBQ PULLED TURKEY SANDWICH MINI CHICKEN CORN DOGS CHICKEN CAESAR SALAD HUMMUS COMBO PACK  BAKED BEANS, COLE SLAW, FRESH ORANGES, MIXED FRUIT FRESH VEGETABLES, MILK	CHICKEN AND WAFFLE CHICKEN SALAD ON CROISSANT CHICKEN CAESAR SALAD HUMMUS COMBO PACK SEASONED POTATO WEDGES, CARROTS, MANDARIN ORANGES, APPLE, FRESH VEGETABLES, MILK	CHICKEN DRUMSTICK FRENCH TOAST & TURKEY SAUSAGE CHICKEN CAESAR SALAD HUMMUS COMBO PACK  PASTA SALAD, CUCUMBERS, BELL PEPPER, APPLE SLICES, DICED PEACHES, FRESH VEGETABLES, MILK	CHEESE PIZZA WEDGE PORK PEPPERONI PIZZA WEDGE CHICKEN CAESAR SALAD HUMMUS COMBO PACK  ITALIAN GARDEN SALAD, MANGO FRUIT FREEZE, FRESH FRUIT, FRESH VEGETABLES, MILK
	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
BREAKFAST	WHOLE GRAIN CEREAL ASSORTED FRUIT, 100% JUICE, MILK				
LUNCH	LUNCH ENTRÉE OPTIONS (CHOOSE ONE): GREEN CHILI CHEESE TAMALE BEEF TACOS CHEF SALAD PIZZA COMBO PACK LUNCH SIDE OPTIONS: REFRIED BEANS, CARROT STICKS FRESH PEAR, APPLESAUCE FRESH FRUITS & VEGETABLES	MANAGER'S CHOICE CHEF SALAD PIZZA COMBO PACK  FRESH FRUITS AND VEGETABLES MILK	WHOLE GRAIN CHICKEN SANDWICH CHEESE PIZZA SLIDERS CHEF SALAD PIZZA COMBO PACK SHREDDED LETTUCE, SEASONED CURLY FRIES, APPLE, MIXED FRUIT FRESH FRUITS & VEGETABLES, MILK	SPAGHETTI & MEATBALLS ITALIAN COMBO SANDWICH CHEF SALAD PIZZA COMBO PACK  GARLIC TOAST, BROCCOLI FLORETS BANANA, DICED PEACHES FRESH FRUITS & VEGETABLES, MILK	
	MILK				

DAY 3

**BREAKFAST**: Free of charge to students due to participation in Breakfast in the Classroom

 LUNCH
 DAILY
 WEEKLY

 Students, Paid
 \$2.40
 \$12.00

 Students, Reduced\*
 \$0.40
 \$ 2.00

 Adults
 \$3.55
 Mini: \$ 2.80

DAY 1

\*This menu pertains to the

Madrid

following school:

**Neighborhood School** 

\*Some students qualify for free or reduced meals under the U.S.D.A. guidelines. Complete an online application or pay for meals at https://family.titank12.com/6TR85Q.

DAY 2

## MENUS SUBJECT TO CHANGE

DAY 4

A choice of 1% White, Nonfat White, Nonfat Chocolate, Nonfat Strawberry and/or Nonfat Vanilla milk is offered at lunch daily.

This institution is an Equal Opportunity Provider.